

Would you rather...?



This activity encourages your children to think and make a decision. It will develop their social skills and understanding that not everyone likes the same things and this is ok as we are all different.

You can enhance this activity by reading a copy of *Would You Rather...* by John Burningham. However, you can still play this with your little ones you will just need to practice it more with them. This is a great activity for tea time chats or on you walks.

All you need to do is to think of two choices from any topic for you all to choose between ie,

'Would you rather have a tyrannosaurus rex or a velociraptor as a pet?'

'Would you rather have tea with a wicked witch or a big bad wolf?'

'Would you rather have pizza or macaroni cheese for tea?'

To begin with they will just choose between the two ie, 'I would have a tyrannosaurus for my pet'



You will need to start the choices to begin with but after a while encourage your child to make one up for you and the family. Reinforce it is ok that we chose different things as not everyone likes the same thing and this is ok.

Once they get really used to the game you can start to challenge them to explore their thinking deeper and give a reason as to why ie,

'I would rather read to a bear because I am sure his fur would be soft and warm and I would enjoy cuddling up to him!'



'I would rather a pig tried on my clothes, although I would be anxious that they would smell stinky afterwards!'

Other good books that encourage this skill are:

You Choose by Pippa Goodhart and Nick Sharratt.