

It's Thinking time



What's in the box?

This activity is an excellent way of developing your child's memory skills and concentration - both skills so essential for all of their learning.

Select some of their favourite toys and put them into a shoe box or onto a tray. **NOTE:** You may like to start with 5 objects and then increase the amount as your little one builds this skill.



Show each toy through with your little one and say what it is. Next cover the toys up. Encourage your little one to look away or hide their eyes and carefully remove one of the toys.

Which one is missing?



"It's the turtle!"

Repeat the game removing different toys each time. You can make it harder by removing 2 or 3 objects once your child gets confident with the activity.



A little bit of theory for you:

A good memory is crucial to ensuring that children can retain the information they have learnt and apply it to a variety of contexts. Building up children's working memory will also mean they are able to draw on their wealth of knowledge and make cross-curricular links between subjects. *It is proposed that working memory is crucially required to store information while other material is being mentally manipulated during the classroom learning activities that form the foundations for the acquisition of complex skills and knowledge. A child with a poor working memory capacity will struggle and find concentrating difficult and this could disrupting and delaying their learning.*