

PSHE Curriculum Map 2019.20

PSHE (Personal, Social, Health and Economic education) has three strands - health and wellbeing, relationships and living in the wider world.

Achieve economic well-being (SRE & SEAL & United nations Convention)

Make a positive contribution (SEAL & United nations Convention)

Enjoy and Achieve (United nations Convention)

Stay Safe (Drugs and Alcohol Education & Citizenship)

Be healthy (United nations Convention)

Rights Respecting (UNICEF)

School learning values

Anti-bullying alliance



	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year R	<p>SEAL - New Beginnings Friendships Negotiating Cooperation Being Involved - Citizenship to their immediate school environment</p> <p>All about me - introduction topic to school / All About Me Books in book areas of classroom</p> <p>School Council- Election</p> <p>Esafety personal information to people you can trust</p> <p>Rights Respecting charters made with class and signed</p> <p>UNICEF rights of a child: Article 7, 8, 19, 15, 13, 29, 12, 39, 30,</p>	<p>SEAL - Getting on and Fallings out SRE & Citizenship (respecting and understanding differences)</p> <p>Antibullying week</p> <p>UNICEF rights of a child Article 6, 12, 27, 24, 31</p> <p>Esafety actions hurtful to others cyber bullying understand how children feel when bullied</p>	<p>SEAL - Going for Goals People who help- Safety Visitors Fire fighters - 999 call Police - understanding role & respect each others property. Lollypop person - road safety Doctor - Drugs & alcohol Vet - Citizenship & Drug awareness Dentist - Teeth Hygiene</p> <p>UNICEF rights of a child Article 5, 7, 9, 10, 18, 20, 21, 26</p> <p>Esafety to understand that it is ok to tell your personal information to an adult you trust</p> <p>Visit from Dogs Trust</p>	<p>SEAL - Good to be me What do I want to be when I grow up?</p> <p>ICT - RSPCA website</p> <p>School trip - farm visit</p> <p>Looking after chicks - living life cycle. Growing & Changing- citizenship caring for animals and environment</p> <p>Cross curricular links - science</p> <p>Esafety to know you should ask an adult before you share your personal information</p> <p>UNICEF rights of a child: Article 12, 29, 33, 34, 27, 24</p>	<p>SEAL - Relationships SRE - families and friends Healthy and Active Week - healthy lifestyles Eating healthily Keeping Active Links to PE Theme decided based on city data</p> <p>UN Convention on the rights of the child:</p> <p>Citizenship - Trip to Hawthorn Centre</p> <p>Esafety emotions can tell you if a situation is safe or unsafe To recognise the physical sensations they feel in an unsafe situation Ask for help if feel unsafe.</p> <p>UNICEF rights of a child: Article 5, 18, 20, 21, 29</p>	<p>SEAL - Changes Keeping Safe- road safety, keeping safe in the home and outside</p> <p>Transition to Year 1</p> <p>Citizenship & SEAL School Council- Celebration</p> <p>Esafety to understand why it is important that they should always ask an adult before using the internet</p> <p>UNICEF rights of a child: Article 3, 18, 9, 10, 12, 31, 28, 29</p>

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1	<p>SEAL - New Beginnings</p> <p>Being Involved - Citizenship to their immediate school environment Friendships Negotiating Cooperation</p> <p>Citizenship & SEAL School Council- Election</p> <p>Esafety concept of personal information And how it should not be shared without a parent or teachers permission</p> <p>Rights Respecting charters</p> <p>UNICEF rights of a child: Article 7, 8, 19, 15, 13, 29, 12, 39, 30,</p>	<p>SEAL - Getting on and Fallings out</p> <p>Sex & Relationships - Friendships</p> <p>Anti bullying week</p> <p>Citizenship - Trip to Intech space</p> <p>UNICEF rights of a child: Article 6, 12, 27, 24, 31</p> <p>Esafety understand cyber bullying and that it is hurtful. To seek where to get help. To think of ways to help someone who is being bullied</p>	<p>SEAL - Going For Goals</p> <p>SRE - infection Keeping Healthy - Teeth - Visit from school nurse or Dentist Recapping how to ask for help 999 call</p> <p>SEAL - Going for Goals - Ambitions and aspirations</p> <p>Assemblies - Guest speakers to discuss what they had to do to (perseverance) to achieve their goals.</p> <p>Esafety to understand that some people may ask for personal information online. To recognise people who are trustworthy</p> <p>Visit from Dogs Trust</p> <p>UNICEF rights of a child: Article 17, 12, 13, 28, 29, 11, 30</p>	<p>SEAL - Good to be me Drugs & alcohol education - Medicines & safety in the home.</p> <p>SEAL - Good to be me - life choices</p> <p>Citizenship - Trip Manor Farm</p> <p>Esafety investigate the qualities of trustworthy and untrustworthy people. To know who to turn to an adult for help</p> <p>UNICEF rights of a child: Article 12, 29, 33, 34, 27, 24</p>	<p>SEAL - Relationships - respecting difference</p> <p>SRE - focus on gender differences How do we show we care</p> <p>Healthy and Active Week - healthy lifestyles Eating healthily Keeping Active Links to PE Theme decided based on city data</p> <p>Links to PE and Geography to Citizenship - Walk around Shirley Trip to Lepe Beach and Shirley High Street to compare different environments</p> <p>UNICEF rights of a child: Article 5, 18, 20, 21, 29</p> <p>Esafety understand emotions they might feel in an unsafe situation. If they feel unsafe they should tell an adult</p>	<p>SEAL - Changes</p> <p>Citizenships - looking after the environment Links to the wider environment</p> <p>SEAL - Changes School Council- Celebration</p> <p>Transition to Year 2</p> <p>Citizenship -</p> <p>Esafety to understand why it is important that they should always ask an adult before taking part in online activities. To be open about online experiences with a trusted adult.</p> <p>UNICEF rights of a child: Article 3, 18, 9, 10, 12, 31, 28, 29</p>

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 2	<p>SEAL - New Beginnings</p> <p>Citizenship to their immediate school environment. Friendships Negotiating Cooperation</p> <p>Citizenship & SEAL School Council- Election</p> <p>Citizenship - Trip to Southampton Common</p> <p>Esafety to understand what personal information is and that it should not be shared without parent or teachers permission.</p> <p>UNICEF rights of a child: Article 7, 8, 19, 15, 13, 29, 12, 39, 30,</p>	<p>SEAL - Getting on and Fallings out</p> <p>Citizenship and SRE Celebrating & Recognising Differences</p> <p>Anti bullying week</p> <p>Esafety to name some of the emotions children feel when bullied (CYBER). To discuss how to get help or help a friend</p> <p>UNICEF rights of a child: Article 12, 13, 17, 19, 24, 33-39, 24, 5, 14, 15, 16, 10</p>	<p>SEAL - Going for Goals</p> <p>Discuss how their actions have an impact on their Ambitions and aspirations -respect Life choices</p> <p>Assemblies - Guest speakers to discuss what they had to do to (perseverance) to achieve their goals</p> <p>Citizenship - Trip to</p> <p>Esafety to understand people meet online. To recognise not everyone is trusty and recognise the qualities of people you can trust</p> <p>Visit from Dogs Trust</p> <p>UNICEF rights of a child: Article 17, 12, 13, 28, 29, 11, 30</p>	<p>SEAL - Good to be me</p> <p>Drug and Alcohol education - Awareness of Drugs, types & What not to touch (SRE)</p> <p>Safe to put in & on our bodies. Keeping safe 999 call</p> <p>Esafety to identify the characteristics that trustworthy people have. To know when to turn to an adult. The understanding that personal information should be kept safe</p> <p>UNICEF rights of a child: Article 12, 29, 33, 34, 27, 24</p>	<p>SEAL - Relationships</p> <p>SRE - respecting difference. Appreciate roles within the family and address gender issues.</p> <p>Healthy and Active Week - healthy lifestyles Eating healthily Keeping Active Links to PE Theme decided based on city data</p> <p>Esafety to understand how emotions can tell if a situation is safe or unsafe. To recognise physical sensations of safe or unsafe situations. To know how to seek help.</p> <p>UNICEF rights of a child: Article 5, 18, 20, 21, 29</p>	<p>SEAL - Changes</p> <p>Citizenship - Solve problems about a change they can have to benefit their classroom.</p> <p>Breaking a habit (smoking) and working hard to make a difference</p> <p>School Council- Celebration</p> <p>Citizenship - Trip to Marwell - care for animals and their environment</p> <p>Esafety to investigate the importance of being open about online experiences with a trusted adult. To know that they should always check with an adult before using the internet.</p> <p>Transition to SJS or other schools</p> <p>UNICEF rights of a child: Article 3, 18, 9, 10, 12, 31, 28, 29</p>

Key Information considered to inform planning: 17-20

Incorporated into planning due to local and national data from Public Health England:

Children in low income families (under 16) is still significantly worse than England average - Cate Gregory leads on EPP.

Sex and Relationships (SRE) provision within curriculum to support local data of under 18 conceptions. In 2016 the local count of pregnancies under 18 was significantly worse than England national average. Newly sexually transmitted infections local value is 1,123.8 compared to 793.8 national value. Children are taught at age appropriate levels about the transmission of germs. There are posters about washing hands displayed in all bathrooms and classrooms. Learning about the transmission of germs provides foundations to build onto for children to learn about sexually transmitted infections later in their education.

Continue with healthy schools practise, embedded PE lessons, golden mile, active and healthy week as obsess children aged 10-11 is now not significantly different from the England average (2018 data) compared to 2016 data that showed Southampton as significantly worse than England average.

Hospital stays for self-harm are significantly worse than England average with the local value at 348.1 compared to the national value at 185.3. Right Respecting language has changed to Rights Respecting Actions. The Rights of A Child include the right to be safe and children are taught about respectful actions towards themselves and others.

School council issues are decided as a whole school to suit current school issues (to cover all 5 aspects of PSHE) and new developments - See file for minutes of meetings.

Ongoing Activities which support PSHE within our school:

Walk to School tracker used 3 times a week in class by class teachers to tracker children coming to school in an active way

Golden mile

Mindfulness minute

Fundraising - Red nose day, Children in need,

Being Active and Healthy Week

Anti-bullying week

School Nurse visits

Parent Curriculum Workshops

New Year R in take Transition programme

Year R to Year 1 Transition programme

Year 2 to Year 3 Transition programme

Community speakers to highlight the curriculum

Rights Respecting Award

Healthy High Five Award

Internet Safety Day