## What I already know...

How to keep myself safe and others—999 call, road safety, car safety

I can tell you the people who help me and explain how their jobs help us.

What I need to do and eat to be healthy.

How to set myself a goal and that I need to practice to achieve it.

healthy

clean

medicine

## Key Vocabulary

Goal

## **Going for Goals**

Children will build on setting themselves a new goal. They will consider how other children may set a different goal to themselves. They will build on their knowledge of the people who help us. They will learn about why we need medicines and that some go into and onto our bodies. They will think of other ways that can make us feel better.



body

emergency

drugs

## I will learn...

- ⇒ That I can set a realistic goal
- ⇒ Why we need medicines and that these are drugs
- ⇒ To be able to explain
  what to do in an emer-

gency

- ⇒ To explain why some substances should only go into or onto your body.
- ⇒ That different people will set different goals depending on where they live.

Learning values

Perseverance

Life choice