



NATIONAL PAEDIATRICS SOCIETY PRESENTS

# "WHAT IS MENTAL HEALTH?"

Calling all 4-11 year olds across the nation!

We are looking for a drawing, creative writing piece or even a video on what you think mental health is.

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**FREE ENTRY**  
**DEADLINE FOR ENTRY:**  
**OCTOBER 18TH 2020 5PM**  
**PRIZES TO BE WON!**

Send your submission to  
[nationalpaediatricfundraising@gmail.com](mailto:nationalpaediatricfundraising@gmail.com)

**YOUNGMINDS**  
fighting for young people's mental health