

## What I already know...

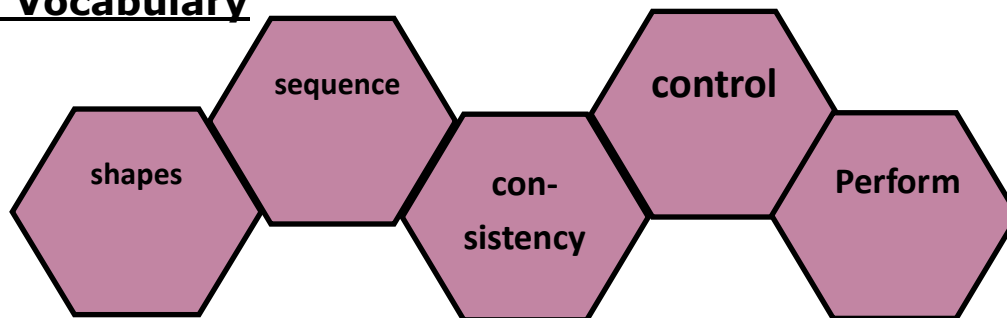
I am able to perform a single skill or movement with some control.

I am able to link movements together.

I am able to perform a range of skills with control and consistency.

I am able to perform a sequence of movements with some changes in level, direction or speed.

## Key Vocabulary



# Real Gym

Children will explore different shapes on the floor and on apparatus.

They will link skills and movements together in sequences and perform with control and consistency, showing clear shapes.



## I will learn...

- ⇒ To be able to perform a sequence of movements with some changes in level, direction or speed.
- ⇒ To be able to perform a range of skills with some control and consistency.
- ⇒ To be able to perform and repeat longer sequences with clear shapes and movement.

## Learning values

Independence

