What I already know...

How to keep myself safe and others—999 call, road safety, car safety

That as I grow up changes happen to my body

That to have a healthy body you have to keep yourself clean

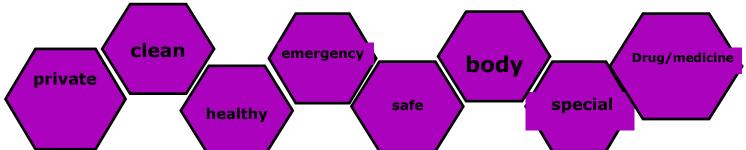
What I need to do and eat to be healthy.

Looking after me

Children will build on their knowledge from year R of growing and recognising our changes. They will explore further their knowledge of personal hygiene. They will be able to talk about and build on their knowledge of the people who help us. They will learn about why we need medicines and that some go into and onto our bodies. They will think of other ways that can make us feel better.



Key Vocabulary



I will learn...

- ⇒ How to explain how I am special
- ⇒ how to describe how to take care of my body
- ⇒ That my body belongs to me
- ⇒ To recognise finer similarities and differences.
- ⇒ Why we need medicines and that these are drugs
- ⇒ To be able to explain what to do in an emergency
- ⇒ To explain why some substances should only go into or onto your body.

Learning

<u>values</u>

Iggy

