## What I already know...

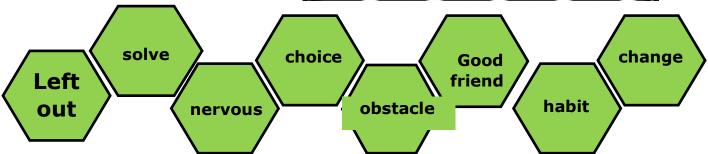
I can explain why changes happen

That changes in my behaviours can affect others and the word around me

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Year R—Understands that own actions affect other people, for example, becomes upset or tries to comfort another child when they realise they have upset them.

**Key Vocabulary** 



butterfly=adult

Children will build on their knowledge of change from Year and Year 1. They will explore more of the changes that we can not control and the feelings that these evoke. They will gain an understanding of a habit and how hard it is to break. They will be able to make a plan for any obstacles that are in their way within change.

butterfly life cycle

caterpillar=larva

adult emerges

pupa in

chrusalis

- I will learn...
- What a habit is and understand how hard it is to break one
- To reflect on ways I can change my behaviour
- That I am responsible for my own choices about my behaviour
- How to make a plan to overcome obstacles
- That some friendships are always there even if I do not spend everyday with them.

