## What I already know...

I can tell you who is special to me and why

## How to talk about my feelings when someone is no long-

How to begin to express myself if I am missing someone or have lost someone/ something I care about

how to describe how to

take care of my body

protect

Relationships

Children will know that the characteristics of healthy family life is; commitment to each other, protection and care for all, the importance of spending time together and sharing each other's lives. They will understand that others' families, either in school or in the wider world, sometimes look different from their family, but that they should respect those differences and know that other children's families are also characterised by love and care. They will understand that stable, caring relationships, which may be of different types, are at the heart of happy families, and are important for children's security as they grow up. They will learn how to recognise if family relationships are making them feel unhappy or unsafe, and how to seek help or advice from others if needed

## I will learn...

- $\Rightarrow$ How some things make them feel relaxed and some things make them feel stressed.
- $\Rightarrow$  to understand that families are
- not all the same.

Learning values

Hartwell

 $\Rightarrow$  I can identify and respect the differences and similarities between people

- How to stand up for myself  $\Rightarrow$ and when it is right
- To identify the differences  $\blacksquare \Rightarrow$ and similarities between males and females, naming body parts
- To challenge gender stereotypes.

**Key Vocabulary** 

lose explore love <sup>'</sup>importan<sup>,</sup> feelings alone **Cared for**