

What I already know...

I know how to move in different ways.

I am able to follow instructions and practice safely.

I am able to perform a single skill or movement.

Real Gym

Children will explore different shapes on the floor and on apparatus.

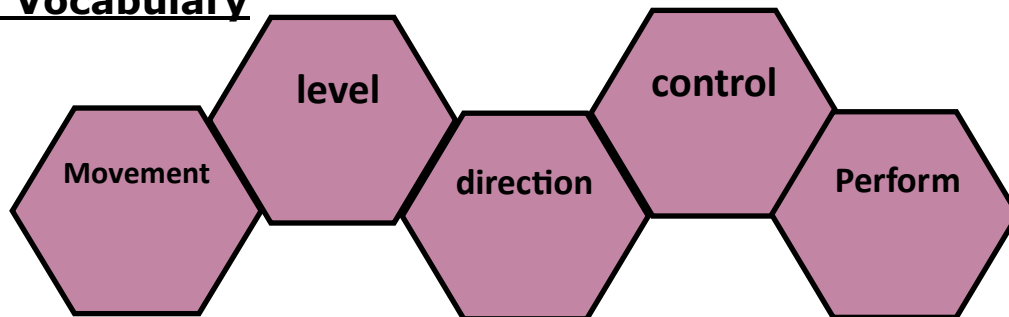
They will begin to work on linking these movements together and performing with control and consistency.



I will learn...

- ⇒ To be able to perform a single skill or movement with some control.
- ⇒ To be able to link movements together.
- ⇒ To be able to perform a range of skills with control and consistency.
- ⇒ To be able to perform a sequence of movements with some changes in level, direction or speed.

Key Vocabulary



Learning values

Independence

