

What I already know...

I know how to run for short bursts

I know how to change direction

I know how to demonstrate some control and co-ordination in large and small movements

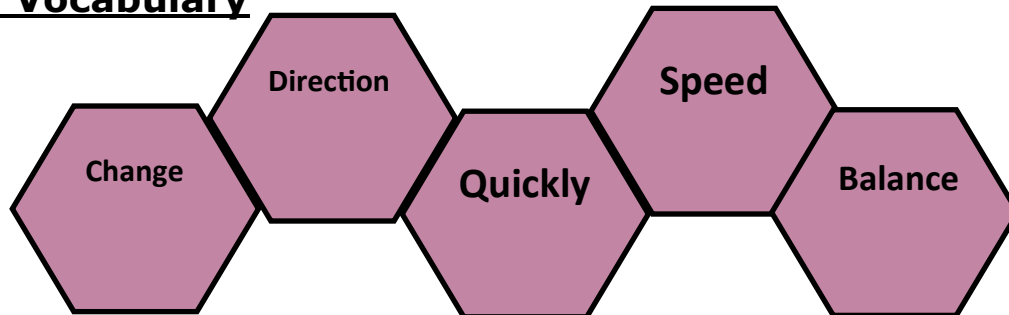
SAQ

Children will develop and improve their skills of speed, agility and co-ordination.

They will start to think about their balance and changing direction quickly.



Key Vocabulary



I will learn...

- ⇒ To be able to change direction quickly
- ⇒ To begin to improve my agility, direction and quickness
- ⇒ To know how to balance without falling over when staying still or moving

Learning values

Independence

