

## What I already know...

I know how to run over obstacles

I know how to change direction quickly using different equipment

I know how to run from different positions

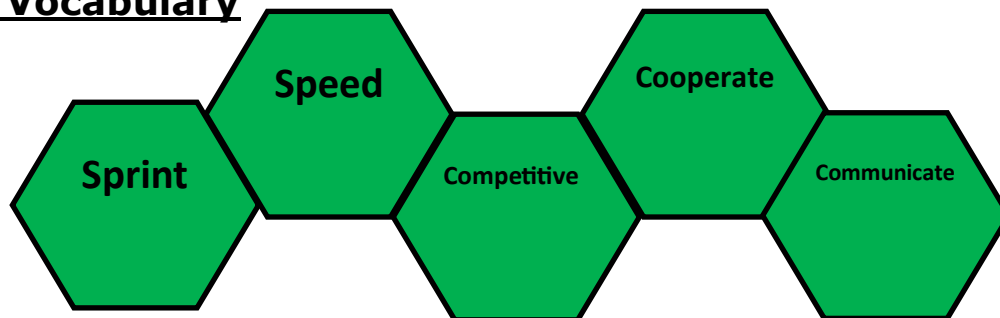
# Athletics and Team Building

Children will build on their running skills by practising running at different speeds. They will learn when to change speeds, such as sprinting at the end of a race.

Children will work in teams to think of different ways to reach an outcome.



## Key Vocabulary



## I will learn...

- ⇒ To be able to run at different speeds
- ⇒ To know when to change speed in a competitive situation
- ⇒ To communicate effectively to cooperate in a team
- ⇒ To think of different ways to reach an outcome

## Learning values



Collaboration