

Fruit Kebabs



In Design and Technology children have the opportunity to **taste**, **design**, **make** and **evaluate** their own Fruit Kebabs. This challenge can use some of those skills while you are at home. If you do not have access to skewers to make kebabs, then a bowl of fruit salad is a great idea!

Activity 1-Taste Test!

Collect a range of fruits together with a range of tastes and textures. Try to offer fruit your child may have not tried yet as a new experience.

Fresh fruit and tinned fruit all works well for this. We often provide lemons, strawberries, apples, grapes, kiwi, banana, peach, lime or pineapple.

You can help your child record their opinions on each fruit on a simple table like the one pictured.

My Taste Test!

Fruit	✓ or ✗	Describe how it tastes
Grape		
Strawberry		
Peach		
Melon		
Pineapple		
Lime		

Sweet Sour Bitter Juicy Sharp Seedy
Soft Hard Delicious Horrible

I am using these fruits in my kebab

Activity 2- Design your kebab!

Using the taste test results, it is now time to **design** your kebab. Will you put the fruits on the skewer in a pattern of fruits or a pattern of colours? Think about who you are making your kebab for. What would they like to see on their kebab? You can draw your design however you choose. Here is an example;

My fruit kebab design

Draw your kebab

I will need

Activity 3 - Make your kebab!

Now is the time to make your design a reality! Let's do this in simple steps.

1. Wash your hands with soap and warm water.
2. Using a knife, carefully cut your fruit into small bite size pieces. Be safe and listen to your grown-ups!
3. Look at your kebab design and follow the pattern you made.
4. Slide each small piece of fruit carefully onto your skewer until it is full. Remember to leave space at each end to hold the skewer.



5. Eat your kebab and enjoy!



6. Take some pictures for your home learning book for us to see or you can email them to the school office.



Activity 4 - Evaluate your kebab!

This is an important skill in DT. Here are some questions to think about...

1. **Did you like it?** Explain your answer using 'because'. For example; "I liked it because I put a juicy pineapple next to a crunchy grape" or "I didn't like it because the grapes were too big".
2. **If you make another kebab is there anything you would change to make it even better?** An example of this is "I would cut my grapes a little smaller because they were too big to eat".

Activity 5 - Challenge!

- Can you design a box / poster for your kebab to go in?
- How much will it cost to buy your fruit kebab? Who will buy it?
- Make a role play café, design a menu, price lists, price labels, shop signs!

Hope you have lots of fun!