Goldilocks and the Three Bears

Once upon a time (open hands like a book) there were 3 (show 3 fingers) Bears (hands on head like ears): a daddy bear (high hand), a mummy bear (medium hand) and a baby bear (low hand). They all lived together in a little cottage deep in the woods (make a roof shape above your head).

<u>Early one morning (sleep gesture)</u> they woke up (big stretch) and went downstairs for breakfast.

Their porridge was too hot (wave hand in front of mouth) so (rolling hands) they decided to go for a walk.

Meanwhile (tap watch) a little girl called Goldilocks was also out for a walk (walking fingers). She saw the cottage and went in.

Goldilocks saw three chairs and she decided to sit down. First (one finger) she sat down in the big (outstretched hands) chair, it was too hard. (bang hand). Next (thumb a lift), she sat down in the medium size (closer hands) chair, it was too soft. (waggle fingers) So (rolling hands) she sat down on the teeny tiny (hands close together) chair but....Smash! It broke into little pieces.

Next (thumb a lift), she saw three (show 3 fingers) bowls of porridge. She was quite hungry (rub tummy). The big (outstretch hands) bowl was too hot. The medium bowl (closer hands) was too cold but (don't know shrug)) the tiny bowl (fingers gesture) bowl was just right so (rolling hands) she ate it all up! (eating gesture)

Goldilocks was very tired <u>so</u> (rolling hands) she went upstairs for a lie down. There she saw three beds (show 3 fingers).

The big bed was too hard. (bang hand). The small bed was too soft (waggle fingers) but the tiny bed was just right (big thumbs up) and finally (show hand like a stop signal) she fell fast asleep (hands to side of face like asleep).

At that moment (point to hand), the three bears came home.

"Somebody has eaten my porridge!" said Daddy Bear (use a Daddy Bear deep voice)

"Somebody has eaten my porridge!" said Mummy Bear (use a higher pitch voice)
"Somebody has eaten my porridge!" cried Baby Bear "And it's all gone!" (use a sad baby bear voice).

Next they noticed the chairs (2 pointy fingers moved sideways).

Somebody has been sitting in my chair!" said Daddy Bear (deep voice).

Somebody has been sitting in my chair!" said Mummy Bear (higher pitch voice).

Somebody has been sitting in my chair!" cried Baby Bear "And it's all broken up!" (sad voice).

The 3 bears decided to go upstairs (walking finger actions moving upwards). "Somebody had been sleeping in my bed" said Daddy Bear (deep voice). "Somebody had been sleeping in my bed" said Mummy Bear (high pitch voice). "Somebody had been sleeping in my bed "cried Baby Bear "And they're still here!" (scared voice).

Suddenly (shock gesture) Goldilocks woke up.

"Who are you?" growled the Three Bears.

As quick as a flash (clap hands), she leapt out of bed, ran down the stairs (arm running actions), out of the cottage not stopping until she was home! She never (waggle finger) wandered into anyone's house ever again and the Three Bears never (waggle finger) left their door open again.

The end (close hands like a book).

Pie Corbett Actions

Pie Corbett is a storyteller who has developed actions to help children (and adults!) retell stories with action prompts. We teach the children this method of storytelling in school, using the actions to help remember the story.

Have a look at the actions below and become familiar with them. They can be used in any story!



The following descriptions may help the actions 'flow' more easily.

Key Connective	Suggested Action
Once upon a time	Open hands like a book
Early one morning	Hand make an arc above head like a sunrise
Who	Circle index finger in air pointing upwards
First	Hold one finger up
Next	Two fingers pointed to one side
But	All fingers on one hand pointed down
Because	Hands out, open palms
At that moment	Point sharply with index finger
Suddenly	Open hands as if in surprise
In amazement	Move both index fingers in circles around widely open eyes
Unfortunately	Sad face
Luckily	Thumbs up on both hands
After that	Roll hands over in turning gesture
So	Roll hands forward as if giving something
Finally	Palms face forward like a police officer stopping traffic
Eventually	Both hands on thighs, palms down
In the end	Bow head down
Happily ever after/ the end	Bring both palms together as if losing a book.