

# Fairtrade!

Have you ever spotted an item of food with a sticker like this on?



Can you research what it means and talk about it with an adult? Could you use some of these key words to help you explain?

Fairtrade

honey



chocolate



farmer



pepper



rice



produce



beauty  
products



sugar



developing  
world



pineapple



flowers



We have a few ideas of fun things you can do to celebrate fairtrade food, and encourage our world to be a happy, fair place for all!

Can you make fairtrade lemonade for you and your family to enjoy on a hot summers day?



## How to Make Lemonade

### Ingredients

6 lemons

200g Fair Trade Sugar

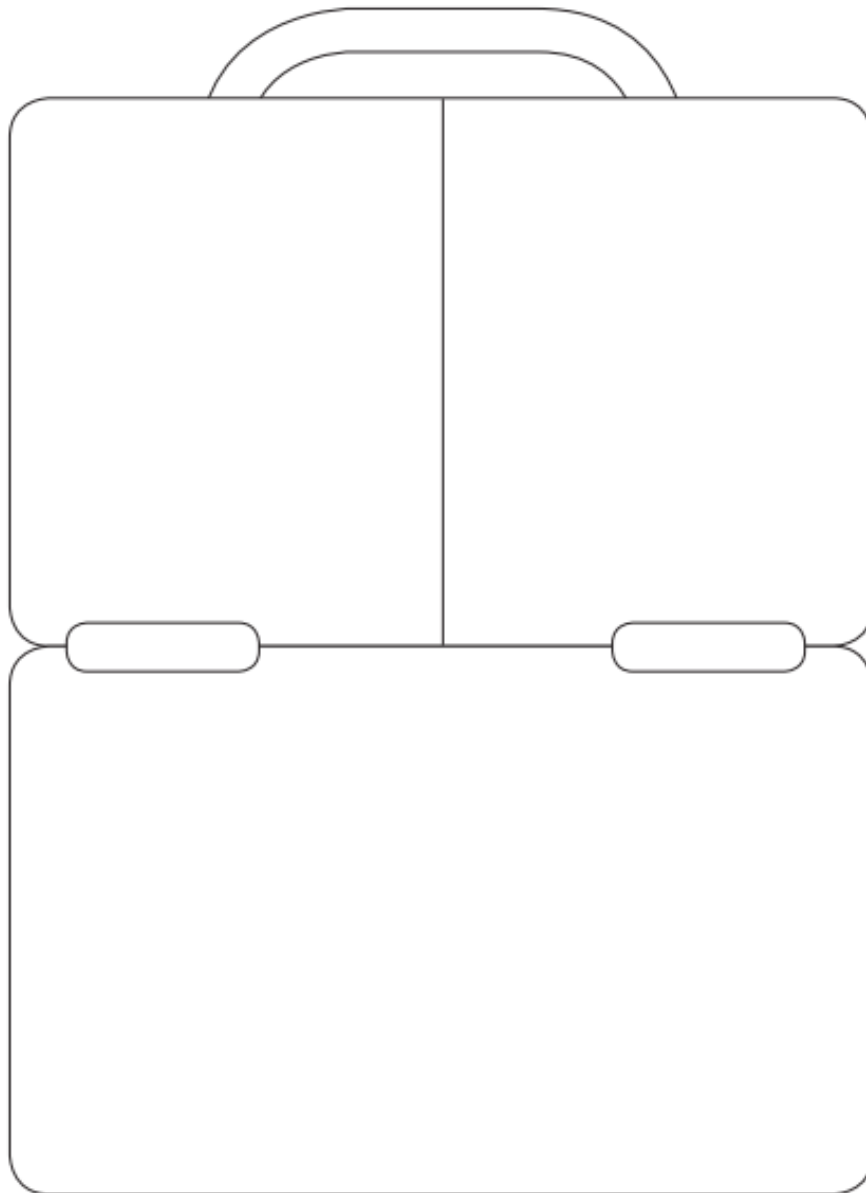
1.5l of water

### Method

1. Juice the lemons to make as much juice as you can. To make job easier, roll the lemons firmly on a work surface, pushing down with the heel of your hand before cutting in half and juicing.
2. Mix all the ingredients in a big jug and adjust the amounts until you have a flavour you are happy with. Continue stirring until all the sugar is dissolved.
3. Chill and serve with ice. Enjoy the taste of Fairtrade!



Did you remember to do fairtrade shopping this week?  
What could you put in a *fairtrade lunchbox*?



We know you are all total world changers! So we hope you have enjoyed thinking about fair trade 😊