



Shirley Infant & Junior Schools Safeguarding Leaflet Autumn 1 2024

KINDNESS.
RESPECT.
INTEGRITY.




In PSHE this half term the Junior School have been learning about:

- Year 3 - What makes a fantastic friend
- Year 4 - What makes you you?
- Year 5 - How can friends communicate safely
- Year 6 - How can we keep healthy as we grow

Curriculum Support at Home

Being a parent brings so much joy but so many challenges at times too. It is important we consider what our actions show our children. This clip has been shared for parents to consider how children mirror us.

[MastersBoost | Keys for Best Influence](#)  Children learn primarily through observation, making your actions a powerful tool in shaping their behavior... | Instagram

In PSHE last half term the Infant School have been learning about:

Year R have been learning that they belong in a community. They will understand that they have similarities and differences to each other and they have the right to be treated fairly.

Year 1 have been learning to develop their knowledge of their feelings and how they affect others. They are able to suggest ways to solve a problem and make the classroom a safe place.

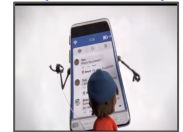
Year 2 have been thinking about making the classroom a safe place to learn and make someone new feel welcome. They have thought about being able to express how they are similar or different to their peers and feel good about these differences.



Online Safety:

Here is a an award winning short film which is a beautiful depiction of how screens cut kids off from the real world.

<https://www.instagram.com/reel/C7lwrAFlyJP/?igsh=MWZqYWlhbndpdW53dg%3D%3D>





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Online Beauty Ideals Study - BIK Youth

TikTok, Instagram, YouTube and X have revolutionised global society. Today for better or worse we are surrounded by the other, windows into other people's lives, actions and worldviews. For children and young people, whom are often permanently online, the perception of attractiveness and behaviour is formed in this sphere. What is considered desirable or beautiful has always been at the forefront of people's perception of themselves. Now those ideals change faster than ever, and not being able to fit into that bracket of desirability can be a driver of personal issues among young people. In this vein the Austrian Safer Internet Centre held a study of 400 12 to 17 year olds, on the topic of beauty ideals. To read this informative report, please follow the link below:

<https://www.betterinternetforkids.eu/practice/articles/article?id=7196278>

Self-Harm Guidance - YoungMinds

Self-Harm is a significant issue among young people. The causes behind self-harm can come from many places, sometimes it's a reaction to difficult emotions. In other cases it can be related to poor self-worth and self confidence. In any case it is not only a traumatic practice for many, it is also physically perilous. Attempts at self-harm can sadly result in unforeseen injuries that may take years to heal, and produce life-long mental and bodily scars. To find out more about self-harm and how to deal with it in education, please follow the link below:

<https://www.youngminds.org.uk/young-person/my-feelings/self-harm>